

**ACTIVE  
MEMBER**

**POLICE ESTIMATE  
CRITERIA**

**DEFERRED  
MEMBER**

Are you considering Ill  
Health retirement?

YES

Until ill health  
retirement has been  
confirmed we are  
unable to provide  
an estimate. Please  
contact your  
employer to discuss.

NO

An Annual Benefit  
Statement (ABS) will be  
sent to you every  
September. Are you still  
waiting to receive a  
copy of your latest ABS?

YES

**YOU CAN REQUEST AN  
ESTIMATE**

If your membership is  
deferred or you have  
answered 'yes' to the  
qualifying criteria we will  
provide an estimate of  
your pension benefits.

Please email your request  
(including your full name,  
NI number and D.O.B) to:

[sppacontactus@gov.scot](mailto:sppacontactus@gov.scot)

NO

Is your intended  
retirement date within  
the next 12 months?

YES

NO

Do you have a Pension  
Sharing Order on  
Divorce in place?

YES

NO

Do you have any  
service breaks?

YES

NO

**YOU ARE NOT ELIGIBLE TO REQUEST AN  
ESTIMATE**

Unfortunately, we will not be able to provide  
an estimate for you if you have answered 'no'  
to any of the qualifying criteria and your  
request will be rejected. Please use the  
pension estimate calculator on our [website](#).